08 / PRINT OR COPY THIS PAGE

Our household laundry plan.

Suggested handoff tool • Keep private • Record care instructions, not unnecessary diagnoses.

Name or household identifier _____ Updated _____

Our regular detergent

Exact product/variant _____

Dose for our usual load _____ Washer type _____

Skin and fragrance preferences

Skin and fragrance preferences _____

Products/additives to avoid _____

Special-care items

Item → permitted wash/dry instructions (attach label photo when useful)

Our everyday cycle

Washer setting _____ Allowed temperature _____

Dryer/air-dry setting _____ Do-not-tumble-dry items _____

A timed treatment, only if needed

Product _____ Exact label dose _____

Started at _____ Required contact time _____ Finish/rinse at _____

Status for the next helper

☐ Needs washing ☐ Washed—needs drying ☐ Clean and fully dry

Special instructions / who finishes _____

Spare items and handoff

Clean outfit / bedding location _____

Pickup or return instructions _____

Contact for questions _____

Complete this sheet from actual labels and agreed instructions. Do not invent a household “disinfection recipe.” Recheck when a product, garment, washer or care plan changes.

BEFORE HANDING A BAG TO A LAUNDRY SERVICE

Confirm item/soil acceptance, packaging, fragrance requests, care restrictions, pickup access and return timing first. Keep essential spare clothing at home. Do not include sharps, medication patches or other hazards. [22,23,31]